



# ST PAUL'S CHURCH

## WINCHMORE HILL



**DETAIL FROM THE CENTRAL EAST WINDOW  
IN ST PAUL'S CHURCH SHOWING THE ASCENSION  
ASCENSION DAY SERVICE WILL BE ON THURSDAY 9<sup>TH</sup> MAY AT 8 PM**

## Parish Magazine

Price 50p

May 2024

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Website: [www.spwh.org](http://www.spwh.org)

Charity number 1133942

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Dear Friends,

This year there are two important festivals that fall in the month of May. The first is Ascension Day and the second is Pentecost.

On Ascension Day Jesus promises to his disciples that the promised helper will soon come and then on the day of Pentecost the Holy Spirit comes in power and fills the believers

In this season of the church's life we are invited to consider what it means to be filled with the Holy Spirit; to be filled with the same power that raised Jesus from the dead; to be filled with the breath of the living God and to be caught up in the very flow of love that is within the Holy Trinity. We are invited to remember that the Church is not a building but a people, we are a holy temple built of living stones.

There was an eccentric preacher at the Baptist church that I grew up in. I don't remember many of his sermons, but I do remember that he would sometimes spontaneously break out into song mid-sermon. Once or twice he sang these words: 'I've got you under my skin, I've got you deep in the heart of me, so deep in my heart that you're really a part of me, I've got you under my skin'.

Perhaps as you read this message you might dare to believe that God has placed his Spirit deep in the heart of you so deep in your heart that he is really a part of you! Perhaps you might dare to believe that your prayers and your actions really make a difference because you are filled with the Spirit of the Living God. Perhaps you might dare to believe that what Saint Paul tells us is true and that by the Spirit we have truly been made the children of God:

'For you did not receive a spirit of slavery to fall back into fear, but you received a spirit of adoption. When we cry, "Abba! Father!" It is that very Spirit bearing witness with our spirit that we are children of God.' (Romans 8:15-16) Amen!

With my love and prayers

Fr Pete

## Services in May 2024



Morning Prayer and Evening Prayer are said publically Monday-Thursday at 9.05am and 5pm **ST PAUL'S CHURCH**

WINCHMORE HILL

The church is open for private prayer Monday-Thursday from 9am to 5.15pm

Day	Date	Observance	Time	Services	Prayer Intention
W	1	St Philip and St James	9am 12.30pm	Eucharist (School) Eucharist	The Bishop of Edmonton
T	2	St Athanasius			Theologians
F	3				Our MP
S	4	English Saints and Martyrs of the Reformation Era			Those persecuted for the faith
S	5	THE SIXTH SUNDAY OF EASTER	8am 9.15am 10.30am	Said Eucharist Joyful Noise Eucharist Sung Eucharist	Our parish and its people
M	6				Our care of creation
T	7				Prisoners of conscience
W	8	Julian of Norwich	12.30pm	Eucharist	Fr Daniel on his sabbatical
T	9	ASCENSION DAY	8pm	Sung Eucharist	Seeking the things of heaven
F	10				The United Nations
S	11				Our friends
S	12	THE SEVENTH SUNDAY OF EASTER	8am 9.15am 10.30am	Said Eucharist Joyful Noise Sung Eucharist	Our parish and its people
M	13				Children in poverty
T	14	St Matthias the Apostles	12.30pm	Eucharist	London College of Bishops
W	15		12.30pm	Eucharist	Uniformed organisations
T	16		2.30pm & 6pm	St Paul's School Thanksgiving Services	St Paul's School
F	17				Those in debt
S	18				HM Armed Forces
S	19	PENTECOST	8am 9.15am 10.30am 12pm	Said Eucharist Joyful Noise Eucharist Sung Eucharist Annual Meetings	Our parish and its people
M	20	St Alcuin of York			Our worship of God
T	21				Our churchwardens
W	22		12.30pm	Eucharist	Pregnant mothers
T	23				The hospitality industry
F	24				The homeless
S	25	The Venerable Bede			Historians
S	26	TRINITY SUNDAY	8am 9.15am 10.30am 12pm	Said Eucharist Joyful Noise Sung Eucharist Holy Baptism	Our parish and its people
M	27				Refugees
T	28				The judiciary
W	29		12.30pm	Eucharist	Local nursing homes
T	30	Corpus Christi	12.30pm	Eucharist	Devotion to the Eucharist
F	31	The Visit of the BV Mary	12.30pm	Eucharist	The joy of the Incarnation

Services times are subject to change. Please contact the Parish Office for details. Contact the clergy if you would like to speak to someone regarding your spiritual life, or to make use of the Sacrament of Reconciliation (confession)



## FROM THE REGISTERS MARCH 2024

### BAPTISM

3<sup>rd</sup> March Jack Juson

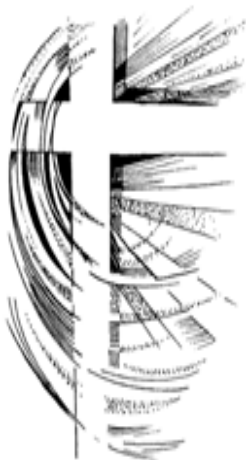
10<sup>th</sup> March Agnes Clark

## MAY 2024 FLOWER ROTA

4 <sup>th</sup> May	Sharon Saunders
11 <sup>th</sup> May	Adele Houldsworth
18 <sup>th</sup> May	Adele Houldsworth
25 <sup>th</sup> May	Sally Shearman

Our Flower Arranging Organizer, Adele Houldsworth, would be pleased to hear from anyone who would like to join the team, both experienced flower arrangers and people who would like a chance to develop their skills. To contact Adele ring 020 8360 3676.

## PRAYER BOARD



Risen Christ,  
 you have raised our human nature  
 to the throne of heaven:  
 help us to seek and serve you,  
 that we may join you at the Father's  
 side,  
 where you reign with the Spirit in  
 glory,  
 now and for ever.  
 Amen

**THE LIFE OF JULIAN OF NORWICH (1342 - c. 1416)**

The Anglican Church celebrates Julian's feast day on 8<sup>th</sup> May. Despite her influence and enduring legacy she has not been officially recognised as a saint. She is however a revered figure, commemorated and celebrated for her spiritual insight and theological reflections. She was a Christian Mystic and Spiritual Counsellor in the middle ages and is famous for writing, '*Revelations of Divine Love*'. Perhaps less known is that she was also an anchoress.

Julian, born in 1342, grew up in turbulent times, as well as at a time when mysticism and religious devotion were prominent in Europe. At the age of six, in 1348, she witnessed Norwich's first Black Death wave, claiming the lives of 40% of its populace. Subsequent waves hit in 1361-62, 1369, 1374-1390. Other events spanning her lifetime included the Hundred Years' War (1337-1453), the Papal Schism (1378-1417), a period of division within the Catholic Church, and the Peasants' Revolt in 1381. Little else is known of her early life.

In 1373, at the age of 30 and half years old, Julian had a severe illness. Whether it was the Black Death or some other unknown disease, as her illness progressed she became paralysed in parts of her body. She received her last rites and, on the brink of death, Julian experienced a series of 16 visions, or *showings* as she calls them, of the Passion of Christ's suffering and of the Blessed Virgin Mary which gave her insight into the healing power of God's love.

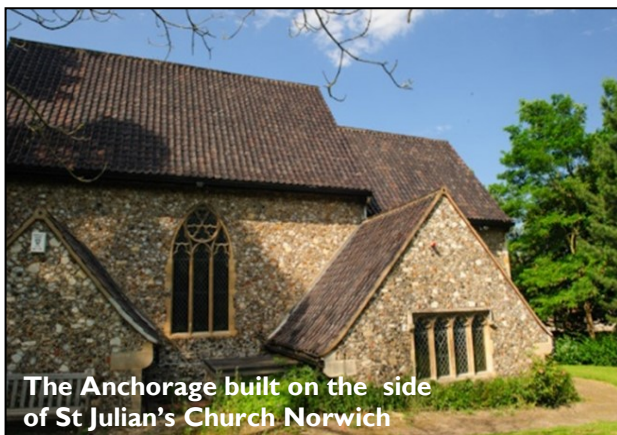
Upon her full recovery, Julian wrote two first-person accounts about her mystical experience; she wrote the first 'Short Text' in 1373 and the second, 'Long Text' was composed, 20 years after the first. Collectively they are known as the *Revelations of Divine Love*. Amid death, disunity and war, Julian sought to offer comfort to her community. She received insight and understanding of God's love and compassion in respect of the showings she had received and was inspired to share the comfort she had received with her Even-Christians (fellow simple Christians). Julian humbly presents herself as a student in her writing, offering to teach only the simple truths, with Christ as her true teacher.

According to Walter William Melnyk, who rendered a Modern English version called '*A Revelation of Divine Love*' (based on the Sloane manuscript 2499 of 1650), Julian describes three kinds of visions/showings. First, Bodily Showings which were visions so vivid that they seemed physically there. Second, Words formed in her Understanding, which were thoughts so vivid it seemed God was giving the words. Third, Spiritual Showings which were an intuitive understanding she received without sight or words.

Julian chose to live a devoted life as an anchoress. The actual dates are unknown, however it is known for certain that she lived in the anchorage in March 1393, at the latest.

An anchoress was someone who, for religious reasons, withdraws from the world

to be able to lead an intensely prayer-orientated and contemplative life. She lived in a small permanent walled-in enclosure or cell, attached to the church of St Julian's, Norwich. We know her today as Julian because she was attached to this church. However, her real name is unknown. She was also known as Lady Julian, Mother Juliana or Dame Julian and her writings are the only surviving works of an anchoress written in the English language.



Anchoresses typically lived in their cells until death but were permitted to receive visitors seeking spiritual guidance. Julian, renowned for her wisdom, welcomed visitors, including younger mystics like Margery Kempe who sought her advice.

Following the publication of *Ancrene Wisse*, (an Anchoresses' Guide) in the early 13<sup>th</sup> century, Julian would have probably have devoted at least 4 hours daily to anchoritic rules, while also listening to church services, engaging in private prayer and reading. We also know from records, that Julian had two servants, named Sarah and Alice who assisted her with practical living in the cell.

Julian lived as an anchoress until her death, sometime after 1416. While the exact details of her death are uncertain, records indicate her presence in various wills, including those of Roger Reed (1393), John

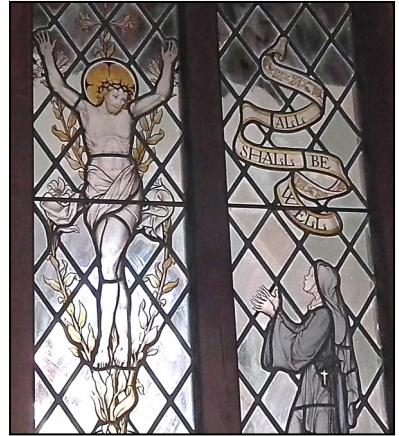


Plumpton (1415), and Isabel Ufford (1416). Margery Kempe also visited her between 1413 and 1416.

After her death, the dissolution of the monasteries in England between 1536 and 1539 brought the anchorite tradition to an end in England.

In the 1950's both her cell and the church, which had been destroyed in WW2, were reconstructed. Today, the rebuilt cell serves as the Julian Shrine, a pilgrimage site for prayer and reflection. Julian's writing and theology remain relevant, with her work published in multiple languages and still in print today.

Although Julian lived a secluded life, her writings have reached many hearts. Her message and teachings illuminate a profound truth; by embracing the love of God, we become conduits of divine love, offering warmth, grace and compassion to others. In doing so, we not only share love but also guide others to its ultimate source. Her dedication and commitment also inspires us to be intentional in seeking and beholding God and to faithfully serve in the community.



Elouise Nell

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†

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St Paul's Church Presents  
Charity Night Event



# ★ 'R' VOICES ★

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'R' Voices



**Palm Sunday Procession**



**Blessing the Palms  
on Palm Sunday**



**Palm Sunday All Together Service**



**Foot Washing on Maundy Thursday**



**Maundy Thursday  
Watch of the Passion**





Good Friday Walk of Witness



The Easter Vigil

Holy Week was marked with special services to remind us of the events that took place in the days leading up to Jesus' death and resurrection.

As well as celebrating the resurrection on Easter Sunday, we also witnessed Cora, the youngest member of our church choir, receiving her surplice during the Parish Eucharist.



Easter Sunday Eucharist



Lydia was born in Islington on the 16<sup>th</sup> July 1934 to an English mother and an Italian father. She was the elder of two children and had a younger brother Julian. During the Second World War they were taken to live in the countryside for safety. Lydia attended a convent school run by nuns. She recalled that as a young child she did not enjoy her experience there. Lydia worked in the family business, a continental provisions store in St Paul's Road, London N1. She was married in 1954 aged 19 to David, at St Bartholomew-the-Great in Smithfield. In 1956 they started a family.



First came Clare, then Paul in 1958 and Oliver in 1961. They moved to Winchmore Hill in the early 60s because the schooling was deemed to be better at that time than in central London. After many years living in Winchmore Hill they moved back to Islington so David was nearer to his workplace, another family business, G Johns and Sons Ltd, builders and contractors, based near Goswell Road, EC1. This also meant he would be closer to Harecourt Church, St Paul's Road N1 where they both originally met, and had close ties with. Years later, when Clare, Paul and Oliver had their own families, they returned to Winchmore Hill to be closer to their grandchildren. They stayed in Winchmore Hill for the rest of their days where Lydia enjoyed family life and could spend time on her hobbies of knitting and needlecraft, baking and entertaining. When David died in 2021, after 67 years of marriage, Lydia struggled to come to terms with her loss. After a difficult period living on her own, she agreed to go for a respite break in Elsyng House Care Home, Enfield. She became a resident there until she passed away in the early hours of 18<sup>th</sup> March, aged 89. She had succumbed to mixed dementia, including Alzheimer's and also suffered heart failure. She will be hugely missed by family and friends.

The family were delighted to see so many familiar faces at a service of celebration of her life, held here at St Paul's on 5<sup>th</sup> April and thank all who attended and left donations to North London Hospice in her memory. They were instrumental in her care towards her final days.

## EDMONTON AREA MOTHERS' UNION LADY DAY SERVICE



On Wednesday 18<sup>th</sup> April we were pleased to host the Edmonton Area Lady Day service in our church. The service was led by Fr Pete and Sarah Elkins, one of our MU members, was the preacher.

During the service a new member was enrolled into another branch and the procession of banners from all of the branches attending at the beginning and end of the service were impressive.

### AFTERNOON MEETING

At our MU meeting the following day, Peter Gray's illustrated talk on 20<sup>th</sup> Century Domestic Architecture



opened our eyes to the design of local housing. We were made aware of details that often went unnoticed. Peter drew our attention to a number of influences that were incorporated into English Domestic Revival architecture at the turn of the 20<sup>th</sup> century, including Georgian Baroque Revival favoured by the Victorians, Queen Anne Revival, black and white timbered facades favoured by the Tudors and concepts from the Arts and Crafts movement.

We also heard about Modernist Architecture that first appeared in the 1930s, followed by Brutalist Architecture in the 1950s.

Peter talked about how the two World Wars influenced the design of houses. Prior to WWI much attention was given to details of design, but after the war, in the 1920s, because so many artisans had been had killed, there was less detail and decoration in the designs. Similarly, in the 1930s prior to the war Laing houses were good, solid buildings. But post WW2 the British Iron and Steel Federation Housing, that was rapidly constructed when there was an urgent need for housing, has proved to be problematic and less durable. The talk left us all with a lot to think about and look out for in our local streets.



## MOTHERS' UNION DIARY MAY 2024

**THURSDAY 16<sup>TH</sup> MAY AT 2 PM IN CHURCH**

DAVID NASH WILL GIVE A TALK ENTITLED  
 " O JESUS I HAVE PROMISED: VICTORIAN HYMNWRITERS,  
 FAMOUS AND UNKNOWN."

### **A Meal with Friends at Ambrosia (Station Road)**

MORE DETAILS OF ARRANGEMENTS AND HOW TO BOOK FOR THIS MEAL  
 WILL BE CIRCULATED TO MEMBERS.

***EVERYONE IS INVITED TO OUR MOTHERS' UNION MEETINGS, SO DO COME  
 ALONG AND JOIN US ON 16<sup>TH</sup> MAY TO HEAR DAVID NASH'S TALK***



### **ST PAUL'S TRUST QUIZ**

The Church Hall was packed on Friday 19<sup>th</sup> April for the annual St Paul's Trust Quiz.

Under the guidance of our new quiz master, Tony Cooke, the teams were led through seven rounds of questions whilst enjoying a ploughman's supper.

The quiz ended with a tie-breaker question to separate the top two teams before the winning team, 'Cantoris' was presented with the much coveted Trust Quiz Trophy.

The quiz raised £540 for the Trust funds, which are used to develop and maintain the fabric and amenities of St Paul's Church, Garden of Rest and other Church buildings. support the work and mission of our church.



Any articles, information or adverts for events for the April magazine should be sent to the editor by the 15<sup>th</sup> March.

[magazine@spwh.org](mailto:magazine@spwh.org) or via Parish Office

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